



TANGRAM - tracking the human mind
Talent Assessment, Training and Coaching, Counselling, Guidance

Nimrat Singh, Ph.D.

Professional History Nimrat. Singh, PhD has extensive counseling, training and consulting experience with pre- primary, primary, secondary schools, design, travel and business management Institutes. She has played a significant and pioneering role in formalizing the field of counseling and career guidance in the city of Ahmedabad. She began the first Counseling centre in 1996. She has been instrumental in setting up many centers and carried out projects related to personal, professional counseling, career planning, effective study habits and personal growth labs. Among the pioneering endeavors she set up Manthan and Tangram.

She has a Bachelors degree in Psychology, a Masters degree in Clinical Psychology and a PhD degree in Organizational Behavior - Psychology. She completed her major education in Mumbai and presently resides in the city of Ahmedabad,, India. She is highly fluent in English and Hindi and speaks Punjabi, Marathi and Gujarati with reasonable comfort.

- Credentials and Professional Associations**
- * Vice President of Gujarat Association of Practicing Psychologist (G.A.P.P) 2015
 - * Authored the book - "Proactive Parenting" '2014
 - * PhD in Organizational Behavior from Gujarat University 2002
 - * M.A. in Clinical Psychology from Mumbai University 1989
 - * B.A. in Psychology from D.G. Ruparel College, Mumbai 1987
 - * Member with Indian Association of Clinical Psychologist, 2010
 - * Licensed Practitioner of Neuro - Linguistic Programming (NLP) 2007
 - * Practicing Psychologist licensed by the Rehabilitation Council Of India 1995
 - * Fellow of the Sumedhas Academy of Human Context 1999

Coaching Training Approach Nimrat adopts the knowledge, skills and behavioral application (KSA) approach to identify, select and assess the individual's strengths and developmental needs through standardized Psychometric tools as well as simulations, role plays and semi – structured techniques. She has worked in areas of personal growth, personal productivity, team building, group dynamics, interpersonal communication, and managing leadership and change. Nimrats' emphasizes in coaching is to support the individual to be self-driven and to design formal mechanisms for continuous engagement and improvement to accomplish desired results.

- Professional Experience**
- * Consultant and founder of Tangram - Tracking the human mind 2002 till date
 - * Heal Your Life' a workshop Leadership Training based in Philosophy of Louise Hay from Sept 19-26,2015 at Chennai conducted by G. L. Sampoorna
 - * 'Love Yourself, Heal Your Life' a two days workshop on 11-12th July 2015 conducted by Harsh Shah
 - * Consultant and co founder of Manthan Centre for Human Development 1995 to 2002
 - * Designed and implemented the curriculum of Poiesis Achievement Foundation
 - * Panelist for selection of PG students at N.I.D. since 2000
 - * Core member of Friends of Dyslexia - Ahmedabad
 - * Research Associate, Indian Institute of Management (IIM) 1991-1995
 - * Teaching experience with MBA and Doctoral / Fellow
 - * Columnist with TOI and magazines on applied psychology
 - * Psychotherapist and Psychologist

Function / Area Expertise

Institutional Development Interventions
 Leadership Building
 Talent profiling & Psychometric Assessment
 Designing & implementing programmes for Teachers, Parents and Students from KG to PG
 Career Counseling through Holistic Model (Interest, MI, aptitude & personality)
 Personal Growth Labs
 CBT, RET & Psychodynamic Psychotherapy

Coaching Focus

Personal productivity and self – management
 Effective Study Habits
 Personal Growth and Stress Management
 Communication & Personal Effectiveness
 Careers, Roles and Identity

Representative Clients

Colleges / Institutes

Indian Institute of Management
 National Institute of Design
 National Institute of Fashion Technology
 Mudra Institute of Communications, Ahmedabad
 Indian Institute of Planning and Management
 NIRMA University
 Narsee Monjee Institute of Management Studies
 Center for Environmental Planning & Technology
 N.R. Institute of Business Management

Schools

Anand Niketan School, Shilaj
 Ministry of Tribal Welfare - Tapi District
 Shanti Asiatic School
 Florescent Public School
 Dresser-rand India Pvt. Ltd
 Sun Mehta School - Chhapi
 Emerald Heights International School- Indore
 Oxford English School - Patan
 Education Riverside School
 Calorx
 Anand Niketan
 Delhi Public School
 Mt. Carmel
 Nirmala Convent
 Redbricks
 Eurokids
 Eklavya Education Foundation
 Zydus School for Excellence
 Dada Bhagwan Foundation