



TANGRAM - tracking the human mind
Talent Assessment, Training and Coaching, Counselling, Guidance

Nimrat Singh, Ph.D.

Professional History

Nimrat. Singh, PhD has extensive counseling, training and consulting experience with pre- primary, primary, secondary schools, design, travel and business management Institutes. She has played a significant and pioneering role in formalizing the field of counseling and career guidance in the city of Ahmedabad. She began the first Counseling centre in 1996. She has been instrumental in setting up many centers and carried out projects related to personal, professional counseling, career planning, effective study habits and personal growth labs. Among the pioneering endeavors she set up Manthan, Tangram and most recently set up Genesis.

She has a Bachelors degree in Psychology, a Masters degree in Clinical Psychology and a PhD degree in Organizational Behavior - Psychology. She completed her major education in Mumbai and presently resides in the city of Ahmedabad,, India. She is highly fluent in English and Hindi and speaks Punjabi, Marathi and Gujarati with reasonable comfort.

Credentials and Professional Associations

- * PhD in Organizational Behavior from Gujarat University 2002
- * M.A. in Clinical Psychology from Mumbai University 1989
- * B.A. in Psychology from D.G. Ruparel College, Mumbai 1987
- * Member with Indian Association of Clinical Psychologist, 2010
- * Licensed Practitioner of Neuro - Linguistic Programming (NLP) 2007
- * Practicing Psychologist licensed by the Rehabilitation Council Of India 1995
- * Fellow of the Sumedhas Academy of Human Context 1999

Coaching Training Approach

Nimrat adopts the knowledge, skills and behavioral application (KSA) approach to identify, select and assess the individual's strengths and developmental needs through standardized Psychometric tools as well as simulations, role plays and semi – structured techniques. She has worked in areas of personal growth, personal productivity, team building, group dynamics, interpersonal communication, and managing leadership and change. Nimrats' emphasizes in coaching is to support the individual to be self-driven and to design formal mechanisms for continuous engagement and improvement to accomplish desired results.

Professional Experience

- * Consultant and co – founder of Genesis in 2010
- * Consultant and founder of Tangram - Tracking the human mind 2002 till date
- * Consultant and co founder of Manthan Centre for Human Development 1995 to 2002
- * Designed and implemented the curriculum of Poiesis Achievement Foundation
- * Panelist for selection of PG students at N.I.D. since 2000
- * Core member of Friends of Dyslexia - Ahmedabad
- * Research Associate, Indian Institute of Management (IIM) 1991 – 1995
- * Teaching experience with MBA and Doctoral / Fellow
- * Columnist with Newspapers and magazines on topics related to applied psychology
- * Psychotherapist



Function / Area Expertise

- Institutional Development Interventions
- Leadership Building
- Talent profiling and Psychometric Assessment
- Designing and implementing programmes for Teachers, Parents and Students from KG to PG
- Career Counseling through Holistic Model (Interest, MI, aptitude & personality)
- Personal Growth Labs
- Psychotherapies, CBT, RET, Client Centered, TA, NLP

Coaching Focus

- Personal productivity and self – management
- Effective Study Habits
- Personal Growth and Stress Management
- Communication and Personal Effectiveness
- Careers, Roles and Identity

Representative Clients

Colleges

- | | |
|---------|-----------|
| IIM - A | NID |
| NIFT | MICA |
| IIT | IIPM |
| NIRMA | N.M.I.M.S |
| CEPT | NRIBM |

Schools

- | | |
|------------------------------|-----------------|
| Riverside | Calorx |
| Anand Niketan | DPS |
| Mt. Carmel | Nirmala Convent |
| Red bricks | Eurokids |
| Eklavya Education Foundation | |
| Zydus School for Excellence | |
| Dada Bhagwan Foundation | |